

# BORONNDARA

## *Bicycle Users Group*

### Rides Supplement June 2010

#### Camberwell Downhill Gourmet Bike Riders

##### 2010 Calendar

20th June	Host - Bruce & Yvonne Dite
18th July	Host - TBA
23rd July	Bi-Annual Dinner – Riversdale Hotel – Hawthorn – Convenor Elva
15th August	Host - TBA
19th September	Host - TBA
17th October	Host - Jack Simpson
21st November	Host - David & Geraldine Powell
26th November	Annual Break-up Dinner – Riversdale Hotel - Hawthorn. - Convenor Elva

There isn't an organized ride in December as the third Sunday is too close to Christmas.

Please telephone Elva Parker (9836 6392) if you can assist at all with any of the "TBA" rides.

#### Hawthorn Cycle Tours

Hawthorn Cycle Tours (run by the Hawthorn Aquatic and Leisure Centre) has 10 bikes (and helmets) available. Or you can bring your own bike (and helmet) if you prefer. Rides are on Tuesday mornings from 9.30am - 11.00am. Child minding is available at the Creche. It is a social ride, with either a coffee stop out on the trail or on return to the centre (or both!). Distance travelled is usually between 15-20km, mostly flat riding with an occasional hill. Riders' ages vary from 20-70 years old. Contact: Hawthorn Aquatic and Leisure Centre, phone: 9815 0988, Website:

<http://www.geocities.com/perften/Hct.html> or e-mail: [lexbishop@bikerider.com](mailto:lexbishop@bikerider.com)

#### Ashburton Riders Club

ARC is an informal group of cyclists from (mostly), the Ashburton, Glen Iris and Camberwell area who ride for fun, fitness and good company. We seek to be inclusive of, and helpful to, all riders (male and female) and of differing fitness levels. We have approximately 70 cyclists on our email list.

We have a regular Sunday 7am ride to Black Rock for coffee. However, there are always more rides of shorter and longer distances and on other days. These alternative rides are organised by ARCers posting a notice on the [ARC Forum](#). We enter many of the main organised rides in Victoria such as Around the Bay, the Great Divide Ride and Amy's Ride.

You are welcome to join us for a ride.

##### Schedule of rides:

Sunday (every week), 7am to Black Rock for coffee (44k)

Monday (every week) Hawthorn velodrome leaving from 8 Audrey Cr at 6.10am, return 7am

Tuesday (every week) Carnegie velodrome leaving 6 Rosedale Rd at 6.10am, return 7am

Other Rides will appear here if advised to ARCer1 via a [Forum](#) message prior to Wednesday 5:00 pm .

Rides start from Ashburton Railway Station car park, west/city side of the track unless otherwise stated.

**Contacts:** Tony Landsell' email: [tony@diacher.com](mailto:tony@diacher.com) or Justin Murphy, email: [murphij@au1.ibm.com](mailto:murphij@au1.ibm.com)

## Kew Neighbourhood Learning Centre Bike Riding Group

Get back into cycling. Explore the Yarra bike paths. Make sure you have checked your bike is in working order before you come. Rides are between 15km -25km. Let us know if you are coming.

Free - Second Wed of the month - 9.30am -12pm

Contact: Robin Kendrick, phone: 9853 3126

## Surrey Hills Neighbourhood Centre Group

The group rides on the 2nd and 4th Monday, but will possibly move to weekly rides as interest grows. Meet at 10am at the nominated place. BYO drink. Most rides are 20-25km (3hrs approx) As no liability is taken by the SHNC, cyclists are encouraged to join Bicycle Victoria, and RACV Bike Assist as an optional extra. Bookings essential at the Centre Monday to Friday 10am-4pm. Surrey Hills Neighbourhood Centre, 157 Union Rd, Surrey Hills 3127; phone: 9890 2467; email: [info@surreyhillsnc.org.au](mailto:info@surreyhillsnc.org.au) ; [www.surreyhillsnc.org.au](http://www.surreyhillsnc.org.au)

## Finbar Neighbourhood House Rides

We are now riding regularly on the third Sunday of the month. Meet at Finbar, 143 Kent Street, Richmond to ride at 10.30am. We try to stick to paths where possible and always include a stop for a cuppa and chat. ALL WELCOME.

Contact Deb in the office on 9428 7668 or 0403 028 200 on the day.

## Sassafras Ride

Every Sunday all year. Starts at *Bike Life*, 114 Auburn Road, Hawthorn, near corner of Burwood Rd and the overhead railway bridge, Melways Ref. Map 45 F10. Arrive prior to 7:30am to ensure departure at 7:30am sharp. Arrives in Sassafras around 9:00am and leaves Sassafras by 9:30am Arrives back in Hawthorn around 10:45am.

Distance under 70km from Hawthorn to Sassafras return (includes the 7km 1 in 20 hill climb). Route: Auburn Road, Rathmines Road, Canterbury Road, Boronia Road, Mountain Highway (Wantirna Sassafras Road), Mount Dandenong Tourist Rd. You can join and leave the peloton anywhere along this route.

Refreshment stop: Café *Ripe*, 376 Mount Dandenong Tourist Road, Sassafras, phone: 9755 2100; Melway Ref. Map 66 F9.

## Council on the Ageing (COTA) Cycling Group

### Seniors Bike rides in 2010

We ride 4 Wednesdays each month.

- The 1<sup>st</sup> and 3<sup>rd</sup> Wednesday rides are short (20- 30km) to encourage less experienced riders to join us. The 2<sup>nd</sup> and 4<sup>th</sup> Wednesday rides are more challenging, (50- 70km).

- We generally meet at **10am**, unless time is specified, at the 'Place to meet' (see below). Please check train times the day before the ride. A coffee stop is found midmorning! We take our own lunch and picnic together on the long rides. Riders are welcome to join the ride along the way or cut the ride short at any point.

- If the temperature is 30°C or above on the day, the long rides will be cut short.

•Please contact **Janet Bennett** by e-mail [jfbpgb@bigpond.com](mailto:jfbpgb@bigpond.com) or on **9853 9808** to discuss details.

\* this is when Janet will be away and other riders will be leading. Check with Janet by e-mail only or ring the COTA office on 9654 4443.

All riders are requested to join Council on the Aging (COTA). We also recommend that riders consider joining Bicycle Victoria for the insurance and service they offer.

Date	Place to meet	Description	Grade
June 9 <sup>th</sup>	Flinders St. station MEL 2F G6 Belgrave line ~ 9.50am arrive at 10.28am	<i>Heatherdale Station to Docklands</i> - using the Eastlink, Koonung Creek and Main Yarra trails ~ 50km.	Med
June 16 <sup>th</sup>	Flinders St. station MEL 2F G6	Short ride – Coburg and return via the Upfield rail trail ~ 20km.	Easy
June 23 <sup>rd</sup>	Footbridge in Southbank, MEL 2F F7	Ride the Main Yarra and Plenty river trails to the Ring road to Dalton rd. Then across country to the Hume trail. Return to city via the Merri creek trail ~ 60km.	Med
June 30 <sup>th</sup>		No ride	
*July 7 <sup>th</sup>	Southbank footbridge MEL 2F F7.	Short ride – to be chosen on day.	Easy
*July 14 <sup>th</sup>	Flinders St station MEL 2F G6. Hurstbridge line ~9.16am arrive 9.48am.	<i>From Heidelberg station via Hawkstowe Park to Alphington station.</i> Up Greensborough Hwy Trail past Watsonia to Ring Rd. Back streets & short section on Plenty Rd to Park. Mill Park streets back to Ring Rd, then streets and Trails to finish at Alphington station. ~50 km.	Medium
*July 21 <sup>st</sup>	Southbank footbridge MEL 2F F7.	Short ride - to be chosen on day	Easy
*July 28 <sup>th</sup>	Flinders St station MEL 2F G6. Belgrave line ~ 9.17am arrive 10.13am.	<i>From Upper Ferntree Gully station to the city.</i> Ferny Creek trail, Stud rd. and Wellington rd. bike tracks and Dandenong Crk. trail to Jell's Park. Scotchman's Crk, Gardiners Crk and Main Yarra trail to city ~ 45km.	Medium one hill!
Aug 4 <sup>th</sup>	Southbank footbridge MEL 2F F7.	Short ride - to be chosen on day	Easy
Aug 11 <sup>th</sup>	Flinders St station MEL 2F G6. Belgrave line ~ 9.17am arrive 10.13am.	<i>Belgrave to Southbank.</i> Ride to Southbank via Belgrave rail trail , Blind Crk, Eastlink, back roads of Donvale, Mullum Mullum Ck and Main Yarra trails ~ 75km.	Hard
*Aug 18 <sup>th</sup>	Southbank footbridge MEL 2F F7.	Short ride - to be chosen on day	Easy
Aug 25 <sup>th</sup>	Southbank footbridge MEL 2F F7.	<i>Bay ride from Southbank to Mordialloc and return –</i> Ride the Bay trail down to Mordialloc. Return via Nepean Highway using back streets and service lane until picking up the bike path at South Rd. ~ 75km.	Medium
Sep 1 <sup>st</sup>	Southbank footbridge MEL 2F F7.	Short ride – visit the Spare Chair café in Derby St. Kew for excellent coffee and inexpensive cake.	Easy

Sep 8 <sup>th</sup>	Southbank footbridge MEL 2F F7.	<i>Bay, canal and trail circuit</i> – From Southbank we ride the Bay trail, Elwood canal, along railways and local roads to the Outer Circle railway, Gardiner Ck trail to the Anniversary and Main Yarra trails to city. ~ 50km.	Easy
Sep 15 <sup>th</sup>	Southbank footbridge MEL 2F F7.	Short ride – Abbotsford Convent visit to explore the site and try the upstairs coffee at Handsome Steve's House of Refreshment.	Easy
Sep 22 <sup>nd</sup>	Southern Cross railway station  Bendigo train 9.15am ~ arrive 10.15am	<i>Gisborne to Woodend</i> via Riddell's Creek, Romsey and Lancefield. Highlights of the ride are Dromkeen, home of Australian children's literature, and a close-up view of Hanging Rock. Distance ~ 60 km.	Medium
Sep 29 <sup>th</sup>		No ride	
Oct 6 <sup>th</sup>	Southbank footbridge MEL 2F F7.	Short ride – via Merri Ck trail and St Georges rd to the Human Powered café, 562 High St. Thornbury.	Easy
Oct 13 <sup>th</sup>	Southbank footbridge MEL 2F F7.	<i>Circuit out to Caroline Springs and return</i> – via Docklands to Federation trail to Kororoit Creek trail, then Western Hwy trail and verge to Caroline Springs. Return via the Deer Park bypass to Federation trail and local roads to Newport and the bay trail ~ 70km.	Easy
Oct 20 <sup>th</sup>	Southbank footbridge MEL 2F F7.	Short ride – Main Yarra trail to Banyule Hill and return from Heidelberg station.	Easy
Oct 27 <sup>th</sup>	Southern Cross railway station  Ballarat train 8.10am ~ arrive 9.35am	<i>Ballarat to Daylesford circuit</i> – We will ride out to Daylesford via Creswick and we will return via Sailors Falls and Dean. Short well graded section of gravel through forest near SF~ 82km. There is the option of driving to Ballarat station instead of using the train.	Hard
Nov 3 <sup>rd</sup>	Southbank footbridge MEL 2F F7.	Short ride – Ride to Poyntons Nursery on the Maribyrnong river trail and return.	Easy
Nov 10 <sup>th</sup>	Southbank footbridge MEL 2F F7.	<i>Woodlands Park ride</i> – Moonee Ponds trail to the Historic Homestead and return to the Western Ring trail, around to the Maribyrnong trail and return to the city ~ 70km.	Hard
Nov 17 <sup>th</sup>	Southbank footbridge MEL 2F F7.	Short ride – Ride to Anglers Arms on the Maribyrnong river trail and return, visiting the Museum on the trail.	Easy
Nov 24 <sup>th</sup>	Flinders St station MEL 2F G6. Pakenham line ~9.02am arrive 9.58am	<i>From Berwick station, ride to city.</i> Ride Hallam bypass Trail, Endeavour Hills Trails and streets, Dandenong Ck Trail to Jells Park. Then Mt Waverley Railtrail, Gardiners Ck Trail to finish at St Kevins boathouse. ~50 km	Medium
Dec 1 <sup>st</sup>	Flinders St station MEL 2F G6.	Short ride – to Ardeer by train and then return via the Western Ring trail, Federation trail and Docklands to the city.	Easy
Dec 8 <sup>th</sup>	Southern Cross railway station  Geelong train 9.15am ~ arrive 10.15am	<i>South Geelong to Queenscliff circuit</i> - We will ride the Bellarine Rail trail to Queenscliff and return via Ocean Grove to the Rail trail. ~ 60km. There is the option of driving to South Geelong station instead of using the train.	Medium
Dec 15 <sup>th</sup>	Southbank footbridge	<b>Christmas ride with lunch at Botanic Gardens in the</b>	Easy

	MEL 2F F7.	<b>Observatory cafe – <i>We will ride the Bay trail to the Elwood canal and return via back streets and Albert Lake park to the Botanic Gardens ~ 20km.</i></b>	
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## Whitehorse Cyclists Inc

Last updated 21 May 2010

Date	Destination	Description	Distance and grade	Leader Contact
<a href="#">How to repair your bike tube</a>				
Notes from the class by Jacques and David Hall on 25/2/2010.				
<b>L</b> Beginners' rides run on Sundays. Details posted on the <a href="#">beginners' rides page</a> weekly				
Tue 01/06 9:30 am	Easy Tuesday	Koonung Tr, Capital City Tr, (M)Richmond, Gardiners Creek Tr, Anniversary Tr	35 E	Pam M 9878 1601 0408 903 127
Tue 01/06 9:30 am	Medium Tuesday Stonnington Seriously Rich Ride	Anniversary Tr, Gardiners Creek Tr, Main Yarra Tr, (M)Toorak, Dights Falls, Koonung Tr, Anniversary Tr	50 M	Mike W 5909 1290 0488 565 566
Tue 01/06 9:30 am	Hard Tuesday Churchill- Lysterfield	(M)Belgrave, Dargon Track, Lysterfield Lake, Lake Track, Wallaby Track, Lysterfield Hills Track, Trig Point Look- out, North Boundary Track, Ridge Track, over Churchill Park Rd, foot track, Brady Rd, Dandenong Creek Tr, Jells Park, (L)Glen Waverley, Scotchmans Creek Tr, Anniversary Tr, (F)Valda Ave	80? H	John C 0438 566 977
Thu 03/06 9:30 am	Easy Thursday Fitzroy North	Koonung Tr, Darebin Creek Tr, St Georges Rd, (M)North Fitzroy, Westgarth, Alphington, Ivanhoe	35 E	Loreto B 9808 1960 0412 289 236
Thu 03/06 9:30 am	Thursday	(M)Oakleigh, (L)(B)Springvale	56 M	Bob H 9886 6215
Sun 06/06 9:30 am	Beginners' Ride Bayswater	Meet at Belgrave RS 75 F10 Ferntree Gully Rail Trail, Ferntree Gully, (M) Stud Rd , (F)Bayswater	22 E	Keith M 9857 5805
Sun 06/06 9:30 am	Studley Park Loop	Kew, (M) Fairfield , Westgarth, Alphington, Ivanhoe	36 E/M	Bruce Da 9877 7920 0419 474 948
Tue 08/06 9:30 am	Easy Tuesday	Bayswater, Boronia, (M)Ferntree Gully, Upper Ferntree Gully. Mainly bike paths	40 E/M	Bruce Da 9877 7920 0419 474 948
Tue 08/06 9:30 am	Medium Tuesday Heathmont	Koonung Tr, Eastlink Tr, Ringwood lake, (M)Heathmont, Dandenong Creek Tr, Blacks Walk, Dorking Rd, Bushy Creek Tr	45 M	Loreto B 9808 1960
Tue 08/06 9:30 am	Hard Tuesday Yellingbo	Lilydale, Gruyere, Yellingbo, Emerald, Belgrave, (F) Valda Ave	90 M/H	Charlie S 9894 3244
Tue 08/06 7:45 pm	Club Night	Box Hill Community Arts Centre 47 D11 Corner Station & Combarton Sts Monthly Meeting		Mike W 9509 1290
Thu 10/06 9:30 am	Thursday	(B)Dandenong	60 M	Bob B 9801 2809
Sun 13/06 9:30 am	Beginners' Ride Mont Park	Meet at Hays Paddock 45 J1 Main Yarra Tr, (M)Mont Park, (B)Watsonia, Plenty River Tr, Main Yarra Tr	32 E/M	Keith M 9857 5805
Sun 13/06 9:30 am	Pipe Bridge Westgarth	Anniversary Tr, (M) Fairfield , Westgarth, Main Yarra Tr, Swan St , Richmond . Finish by 1:00 pm.	45 E/M	Bruce Di 9852 1921 0403 225 295

Tue 15/06 9:15am	Easy Tuesday Hoppers Crossing	Take 9:28 service to Hoppers Crossing, explore Hoppers Crossing and (M)Werribee. Mix of paths and mostly quiet roads. BYO lunch to eat on return train. All Day Zone 2 train ticket needed.	40 E	Julia B 9853 5095 0408 501 082
Tue 15/06 9:00 am	Medium Tuesday Eltham	Main Yarra Tr, Plenty River Tr, (M)Eltham, Maroondah Aqueduct Some hills	42 M	Bruce Di 9852 1921 0403 225 295
Tue 15/06 9:00 am	Hard Tuesday Ring Road	Darebin Creek Tr, Metropolitan and Western Ring Roads Tr, Federation Tr, Geelong Rd , Somerville Rd	105 M/H	Charlie S 9894 3244
Thu 17/06 9:30 am	Easy Thursday Lake , Bay and River	Albert Park Lake, (M)Carousel, Middle Park, Lorimer St, Westgate Park, Webb Bridge, Main Yarra Tr	30 E	Ian T 9808 8303
Thu 17/06 9:30 am	Thursday Edwardes Lake	(M) Fairfield , (L) Edwardes Lake , (B)Reservoir	54 M	Bruce E 9848 4804
Sun 20/06 9:30 am	Beginners' Ride Mt Waverley	Meet at Blackburn Lake Visitors Centre 48 B11 Forest Hill, Pipe Track, (M)Mt Waverley Bakery	18 E	Keith M 9857 5805
Sun 20/06 9:30 am	Jells Park	Dandenong Creek Tr, Koomba Park , Boardwalk, Shepherds Bush, (M)Jells Park, Knox City SC , Dandenong Creek Tr	40 E/M	George C 9878 0293
Tue 22/06 9:30 am	Easy Tuesday	Mullum Mullum Creek Tr, (M)Croydon, Tarralla Creek Tr, Bayswater, Ringwood	30 E	Geoff D 9836 1414 0428 361 236
Tue 22/06 9:00 am	Medium Tuesday Docklands	Fairfield, Abbotsford, Capital City Tr, Southbank, (M)Docklands, Footscray, Capital City Tr, Westgarth, Ivanhoe	45 E/M	Bernie F 9878 6640
Tue 22/06 9:30 am	Hard Tuesday Kangaroo Ground	Eltham, Aqueduct Tr, Strathewan, Cottles Bridge Rd, Church Rd, Pantom Hill, Eltham	95 M/H	Charles L 0431 592 874
Thu 24/06 9:30 am	Thursday Elwood	Main Yarra Tr, (M)Clifton Hill/Richmond, Southbank, Port Melbourne, (L)Elwood, (B)Elsternwick, Rosstown Tr, Main Yarra Tr	60 M	Peter C 0407 264 128
Sun 27/06 9:10 am	Beginners' Ride Gala Sunday Ride	Meet at Flinders St RS Main Concourse 42 H9 9:26 train to Broadmeadows (Zones 1+2), Broadmeadows Valley Tr, Westmeadows, Woodlands Homestead Park, Gellibrand Hill Lookout, Moonee Ponds Creek Tr, (B)Pascoe Vale, (B)Essendon, (L)Anglers Tavern Maribyrnong, Kensington	39 E/M	Keith M 9857 5805
Sun 27/06 9:30 am	To the Coast and Back	North Rd , (M)St Kilda, Port Melbourne, (B)Southbank, Main Yarra Tr	45 M	Anna V 9830 4195
Tue 29/06 9:30 am	Easy Tuesday	Capital City Tr, Southbank, (M)Docklands, Capital City Tr, Yarra Bend Park	30 E	Ken R 9753 3140 0438 567 264
Tue 29/06 9:00 am	Medium Tuesday Yarraville	Westgarth, Brunswick, (B)Kensington, Footscray, (M)(B)Yarraville, Footscray Rd, (B)Southbank, Morell Bridge, MCG, Abbotsford, Fairfield	52 E/M	Jacques F 9497 2306
Tue 29/06 9:00 am	Hard Tuesday Carrum	Main Yarra Tr, Anniversary Tr, Murrumbeena Rd, Station Tr, Dandenong, Eastlink Tr	95 M/H	John C 0438 566 977
Thu 01/07	Easy	Merri Creek Tr, Harding St, (M)Coburg	35 E	Allan M 9898 0415

9:30 am	Thursday Coburg	Mall, Upfield Tr, Capital City Tr, The Boulevard		
Thu 01/07 9:30 am	Thursday Northland	Ivanhoe, Darebin Creek Tr, (M)Northland, (B)Preston, Merri Creek Tr, (B)Rushall, Westgarth	49 E	Mike T 0407 045 217
Sun 04/07 9:30 am	Beginners' Ride Last Ride until Spring	Meet at Valda Av Box Hill 47 B3 Koonung Tr, Anniversary Tr, (M)Maling Rd Canterbury, Gawler Chain (2 hills)	22 E	Keith M 9857 5805
Sun 04/07 9:30 am	?	?	?	?
Tue 06/07 9:30 am	Easy Tuesday	Gardiners Creek Tr, Scotchmans Creek Tr, Atkinson St, (M)Oakleigh, Gardiners Creek Tr, Anniversary Tr, Hamilton St	35 E	Loreto B 9808 1960 0412 289 236
Tue 06/07 9:00 am	Medium Tuesday Trail Blazer	Main Yarra Tr, Anniversary Tr, (M)Hartwell, Anniversary Tr, Gardiners Creek Tr, Koonung Tr, Ruffey Lake	45 M	Neil M 9497 2685
Tue 06/07 9:30 am	Hard Tuesday Kallista	Eastlink Tr, Burwood Hwy, Ferntree Gully, Belgrave, Selby, Grantulla Rd, Kallista, Sassafras, The Basin, Dandenong Creek Tr	70 M/H	Mike H 0407 094 929
Thu 08/07	Maintenance Training Session By Jacques F	Cable, Brake, Gear Maintenance. Hands-on replacement of cables, brake pads, adjustment of brakes and gears Two sessions, 9:00 am and 1:30pm. Reservations to Jacques F.		David H 9877 3216 Jacques F 9497 2306

## Banyule Bicycle User Group—Rides Program

Rides start from Warringal Park (Melway ref 32 B4) unless otherwise indicated. Visitors are welcome to just turn up. Flexible ride options will be available at 9:00am Sundays or 9:30am Tuesdays and Fridays to cater for newcomers and others seeking to improve their riding fitness. For further details contact Graeme W. 9435 9687 or Les B. 9435 0615.

**EasyRide:** with the “Latte” Group every **Tuesday and Friday 9:30am** – relaxed pace and informal, with break for coffee/snack/chat. **See program and other details at** <http://www.vicnet.net.au/~banylbug>.

**HarderRide:** every Tuesday and Sunday **9.00am**. BYO morning tea. Check program below.

<b>June</b>	<b>Ride/Event</b>	<b>Description</b>	<b>Lead</b>
Tue 1	<i>Yarran Dheran</i> 42 km	Koonung Trail to end (some H1 and H2) and short streets extension to reserve for break & return.	Robert I 9439 10
Sun 6	<i>Craigieburn</i> 76 km <a href="#">MAP</a>	Out by West Heidelberg, Reservoir streets to Western Ring Rd, Moonee Ponds Creek trails. Bike path through Roxburgh Park Estate to Craigieburn (rest) Home Hume Hwy By Pass track to Western Ring Rd trail and home.	Allen P/ 9457 16
Tue 8	<i>Hawkstowe Park</i> 50 km <a href="#">MAP</a>	River Gum trail to Watsonia (H1), Ring Rd, Upper Darebin Ck.Trail, Mill Park Lakes. Return Plenty Rd path, Ring Rd, Plenty River Trail.	Maurie 0409 18
<b>Wed 9</b>		<b>General Meeting – Watsonia Library 8:00pm</b>	
Sun 13	“Riders’ Choice” Rider who suggests is leader, otherwise by agreement		
Tue 15	“Riders’ Choice” Rider who suggests is leader, otherwise by agreement		
Sun 20	<i>Ceres</i> 40 km <a href="#">MAP</a>	To Fairfield by Yarra Trail, then Merri Creek Trail to Ceres for break. Continue on Merri Creek Trail to Broadhurst Av exit and Reservoir streets to Darebin Trail.	Richard 9459 86
Tue 22	<i>Yan Yean</i>	Out by streets to Plenty Rd. Follow Plenty Rd bike path and bike lanes to	Allen P/



	79 km <a href="#">MAP</a>	Mernda estates. Through estate. Back to Plenty Rd to Yan Yean Reservoir (Rest) Return by Plenty Rd to Hazel Glen Rd to Doreen. Through estates to Yarrambat. Bannons Lane to Hurstbridge. Home by Hurstbridge Rd and DVT (Train option from Hurstbridge)	9457 16
Sun 27	<i>Blackburn Lake</i> 43 km <a href="#">MAP</a>	Out by Koonung Trail and streets. Return by Mitcham pipe track and streets to Koonung Trail.	Richard 9459 86
Tue 29	<i>Ruffey Lake</i> 35 km <a href="#">MAP</a>	Out via Finn's Res. Return by Green Gully Trail, Westerfolds Park. Short H2 on return.	John G/ 9439 38

### July

Sun 4	<i>Gardens in Lalor</i> 41 km	Out through Rivergum trail & Greensborough Rd to Ring road trail, Dalton Rd, left at David St and streets west to "City of Whittlesea Public Gardens". Return by Hume Trail, Ring road.	Lou B/ 9459 68
Tue 6	<i>Wattle Park</i> 35 km	Out by Koonung & Bushy Creek Trails, Box Hill streets (H2) and Gardiner's Creek Trail. H1 into Park. Return by streets, path, streets (short H2-3) to Ann. Trail at Hartwell.	Robert I 9439 10
Sun 11	<i>Valley Reserve</i> 50 km	Anniversary Trail (some H1 and 1 x H2), then follow rail to Mt. Waverley (long H1) and Reserve for break. Return by Scotchmans Creek Trail back to Ann. Trail.	Les D/ 9459 27
Tue 13	<i>Brimbank Park</i> 70 km <a href="#">MAP</a>	Out by Rosanna, Bundoora Streets to Western Ring Rd. Western Ring Rd to Keilor Park Dr and into Brimbank Park. Home by Avondale Heights paths and streets. Maribyrnong, Ascot Vale and Parkville Streets and paths.	Allen P/ 9457 16
Sun 18	<i>Strathewen</i> 36km + option 28km <a href="#">MAP</a>	<b>Meet at train station(s).</b> Sunday ticket, depart 9:17am Heidelberg (9:20 Rosanna) to arrive Hurstbridge 9:58am. Ride to depart Hurstbridge by 10:10am. Use phone contact if held up. Ride via Arthur's Creek to Strathewen for break (no shops). 36 km out and back to H'bridge. Undulating, with 1x H2. Train or ride home (28km).	Richard 9459 86
Tue 20	<i>Hedgeley Dene Gardens.</i> 47 km <a href="#">MAP</a>	Anniversary trail (H2 & H1) to Gardiner's Ck. Break at Hedgeley Dene Gardens. Home by Yarra Trail (H1 & H2).	Maurie 0409 18
Sun 25	"Riders' Choice" Rider who suggests is leader, otherwise by agreement		
Tue 27	<i>Museum Gardens</i> 35 km <a href="#">MAP</a>	Capital City Trail, Canning St. to Gardens for break. Return by streets and Capital City or Upfield Trails.	Alan P/ 9435 94

**NightRide:** Every Wednesday **8:00pm from Rivergum Walk at Banyule Rd pedestrian traffic lights -**

20 km on Koonung trails or Yarra Trail to Westerfolds Park. Lights required. Contact: Robert 9457 1980

## Darebin BUG

### Darebin Bug Social Rides - Tuesdays and Thursdays

9:30 a.m. corner plant and union street, northcote. 40 -60 km rides mainly on bike paths and quiet streets for experienced cyclists. Bring lunch, snacks and water. Contact Norm on 9484 4767 to confirm start time and location (usually departs from Jika Jika). <http://www.darebinbug.org.au/rides.html>

### Darebin Bug Port Melbourne Ride - Saturdays

9.30am Meet at Jika Jika Neighbourhood House, cnr Plant & Union Sts, Northcote. Slow ride suitable for beginners. <http://www.darebinbug.org.au/rides.html>

## The Crosskeys Crusiers - Strathmore - Friday rides

The Crosskeys Crusiers are a group of retired men and women who meet in the Crosskeys CarPark near the Strathmore station at 9am on Friday mornings.



The rides are decided each Friday and the adventure begins. Some riders go till morning tea while others ride till lunch and then home at about 3pm. New members most welcome to chat and share the experience Telephone Max 93783501 or John 93707829

## Manningham BUG

Rides are subject to change so **ALWAYS** phone the ride contact close to the date of the ride to confirm details.

For general enquiries ring Harvey (03)9890-8006 or Garry (03)9439-5016

### Mid Week Rides

There are rides on most Wednesdays. Meet at 9:30am at Warrandyte (outside Pasta Mania) for a local ride every second week, alternating with a 10am meeting at a distant location for a longer ride. Contact Don 9848-5803

### Belgrave to Ringwood Sat 18th July

Meet at Mitcham Station ( Melway 48J9) at 9.30.

Contact Bernard 9878 6640 or 0411-032-284.

### Anderson-Wonthaggi rail trail. - Sat. Aug 15th

Meet at the roundabout turn-off to Phillip Island, (Melway 612 Q11) turn left and meet at Park and Ride.

Don't turn right to Phillip Island.

Contact Fiona 9855 8627.

### Mitcham to Glen Waverley Bakery - Sept 26th

Details to follow for a Yummy ride. Lyn and Jan.

### Phillip Island weekend. Oct 10-11, Holiday house accommodation, details to follow.

Contact Gary 9439 5016.

### Rutherglen weekend. Nov. 6-8. Camping or unit accommodation, details to follow.

Contact Gary 9439 5016.

## Melbourne Bicycle Touring Club

### Ride and Club Night Programme

June			
Thu 03 Jun	Club Auction		John
Sat 05 Jun	Warragul Loop to Tarago Reservoir & Neerim South	55km Medium	Peter
Sat 05 Jun	Fed Square to Albert Park return Bruce Hargrave Exhibition	10km Family Friendly	John
Sun 06 Jun	Gisborne to Bacchus Marsh	45km Easy-Medium	Edmund
Thu 10 Jun	Social/ Wine night		Rob

Sat 12 Jun	Collingwood Children's Farm Farmers Market	15km Easy	Paul	
Mon 14 Jun	Eltham Healsville Kinglake loop	100km Hard	Paul	
Thu 17 Jun	AGM		Graham	
Fri 18 Jun	Mountain Goat Brewery Social Night		Jim	
Sat 19 Jun	Barrabool Hills and Geelong area	70 med	Peter	
Sun 20 Jun	Partial MAD ride	85km Medium Hard	Rob	
Thu 24 Jun	Rail Trail Update by Frank Kinnersley		Harry	
Fri 25 Jun	Dinner at Sofia's Camberwell 7pm RSVP if you are coming	Relative to consumption	Kirsty	
Sat 26 Jun	Dandenong Ranges MTB Tour	45km Medium Hard	Tony	
Sat 26 Jun	Two Reservoirs Ride	60km Medium	Geoff	
Sun 27 Jun	Wombat Wander (Woodend Loop)	50-60km Medium	Liz	
<h1>July</h1>				
Thu 01 Jul	New Bike Developments		John	
Sat 03 Jul	Maribyrnong-River-Trail-to- Brimbank-Park	56km Easy	Di	
Sun 04 Jul	Small ride, a feed & Gone with the Wind at the Astor Cinema, St Kilda	Easy	Glenn	
Sun 04 Jul	Peter's birthday Tour - Federation Square to Lunch at Beaumaris	65km Medium	Peter	
Thu 08 Jul	Heather and Leon in Italy		David	
Sat 10 Jul	Brunswick Opshops & other cultural treasures	under 10km Family Friendly	John	
Thu 15 Jul	Trip Planning			
Sat 17 Jul	Noojee Tall Timber	100km Hard	Kerry	
Sun 18 Jul	Pakenham to Belgrave	70km Medium	Di	
Thu 22 Jul				
Sat 24 Jul	Hurstbridge Loop via Strathewen	50km med-Hard	Geoff	
Sun 25 Jul	Glen Waverley to Ricketts Pt via Guilfoyle's Volcano	55km Easy/Medium	John	
Tues 27 Jul	Club lunch Court Jester Brunswick	delicious	John	
Thu 29 Jul				

## August

Sun 01 Aug	Ballan to Lara	70km Medium Hard	Edmund	
Sun 08 Aug	Badger Weir Lilydale Loop	75km Medium	Peter	
W/E 21-22 Aug	Kerang to Echuca	150km Easy	Fiona	
W/E 27-29 Aug	Snow weekend @ Mt Hotham	whee!!!	Di	

**For information on the above rides, please contact the Touring Secretary, Paul Schofield 9444 0249, or at [rides@mbtc.org.au](mailto:rides@mbtc.org.au) . Please note that this e-mail address doesn't get checked every day - so don't expect an immediate response!**

### About the Ride Gradings

**Easy:** Relatively short distances and easy terrain, with no critical time factor. Suitable for the occasional cyclist.

**Medium:** Longer distances with varied terrain. Reliable gears, food, tools and wet weather clothing are advisable. Ability to maintain a reasonable speed to meet critical time factors is required.

**Hard:** Long distances and/or difficult terrain. Extensive experience in all aspects of cycling is mandatory. Riders must be able to maintain a good speed throughout the ride.

## YHA

YHA Cycling is made up of people who enjoy cycling in the suburbs and out in country Victoria with a sociable group of like-minded people, aged mainly between mid 20s and mid 40s. YHA Cycling is a recreational club, not a racing club, and we do a mixture of day and weekend rides. The group is based in Melbourne, Victoria, under the umbrella of the YHA Australia, and is one of a number of such local YHA activities groups.

YHA contacts: Ride Co-Ordinator Kathy on [rides@yhacycling.org.au](mailto:rides@yhacycling.org.au) or mobile 0425-792 574, or Secretary Voula on [secretary@yhacycling.org.au](mailto:secretary@yhacycling.org.au); website: <http://yhacycling.org.au> R = Road Bike / H = Hybrid / M = Mountain Bike / Soc = Social  
E = Easy / M = Medium / H = Hard / Soc = Social

Date	Ride Description	Bike Type	Distance (Kms)	Grade	Ride Leader	Booking Req'd	Ride Leader Contact
<b>JUN</b>							
Mon 7	Ride Planning Elsternwick Hotel 6:30pm				Susan	Y	<a href="mailto:goblues@netlink.com.au">goblues@netlink.com.au</a>
Sat 19							
Sun 20	Beach Road Ride	R			Nick	N	<a href="mailto:nick@spraynozzle.com.au">nick@spraynozzle.com.au</a>
<b>JULY</b>							
Sat 3							
Sun 4	Wombat State Forest	M	20	E	Mark & Nevi	N	<a href="mailto:Mark.burns@psnworld.com">Mark.burns@psnworld.com</a> 0413 051 659
Sat 10							

Sun 11	Wine Tasting: Yarra Valley				Nick	Y	<a href="mailto:nick@spraynozzle.com.au">nick@spraynozzle.com.au</a>
Sat 17							
Sun 18	Yarra Trail Ride: Fed Square to Fairfield Boathouse	Any		E	Susan	N	<a href="mailto:goblues@netlink.com.au">goblues@netlink.com.au</a>